



Josephine's  
TEA

**Guarantee:**

If you would like any advice regarding our teas please ask. If you are feeling adventurous and wish to try a blend you've never tried before you can do so in the knowledge we will replace it free of charge for something you do like.

**Our Tea:**

Many of our teas are available to buy – ask your server.

We use the finest merchants based in the UK to source ethically picked and cultivated teas from the world's best tea estates.

**Black Tea: Infusion Time 3-7 minutes**

Black teas contain about half the caffeine of coffee, and research has shown drinking 4+ cups a day reduces the risk of stroke and heart attacks.

Darjeeling (Margaret's Hope) (+30p) *TGFOP*

Assam (Bukhial) (+15p) *TGFOP*

Ceylon (Lovers' Leap) (+15p) *OP*

★ Kenya (Lelsa) *FBOP*

**Blends & Flavoured: Infusion Time 3-7 minutes**

Josephine's Lighter Breakfast Blend

English Breakfast

**Decaf** English Breakfast (+35p)

Yorkshire Blend

★ Earl Grey with real Bergamot Oil (+25p)

Vanilla Earl Grey (+25p)

Duchess Earl Grey (Lady Grey) (+25p)

**Decaf** Earl Grey (+65p)

Moroccan Mint

Russian Caravan (+15p)

★ Rose Congou (+20p)

Chaykhana (strongest blend)

Caramel Dream

**Oolong: 1-2 minutes. Best without milk or sugar.**

With increasing research pointing to help lowering blood pressure, cholesterol and body fat, Oolongs are fast becoming the health drink.

★ Body Beautiful (+15p)

Orange Blossom Oolong

FBOP – Flowery Broken Orange Pekoe

TGFOP – Tippy Golden Flowery Orange Pekoe

**Flowery** refers to the leaf taken from the end bud and first leaf of each shoot. **Broken** means leaves that are not perfect, perhaps split or incomplete. **Golden** means the youngest most freshest leaves. **Tippy** means the tips of the leaves. **Pekoe** is of Chinese origin, thought to mean the leaves are picked when the buds have fine hairs on them. **Orange** is thought to refer to the Dutch Orange-Nassau tea company.

What doesn't make the grade usually end up called **fannings** which are mixed together and end up in supermarket teabags!

**Herbal: 6-8 minutes. Don't add milk.**

Tea made from herbs rather than from the tea plant *Camellia sinensis*, still has major health benefits such as digestive or wellbeing but nothing like Oolongs, White, Black or Green teas.

★ Peppermint Tea

Just Chamomile (+15p)

★ Chamomile & Peppermint

**White Tea: 2-4 minutes. Best without milk.**

White Tea is believed to be the best for health benefits with links to weight control and preventing cancer. Naturally pale. Lowest in caffeine.

Chantilly Cream Chaicha (+60p)

**Green Tea: 2-4 minutes. Best without milk.**

Whilst green tea comes from the same plant as black tea, it is processed differently retaining more antioxidants. Helps burn triglyceride fats, prevents heart disease and possibly reduces cancer risk.

Lady Jo's G&T (+25p)

★ Jasmine Blossom

Japanese Sencha

Cherry Sencha

★ Superior Detox (+15p)

**Rooibos: 6-8 minutes. Best without milk**

Caffeine free herbal tea from South Africa. Very high in antioxidants and linked to helping control type-2 diabetes and cardiovascular disease.

Honeybush Rooibos

Coffee & Amaretto Rooibos

Orange Rooibos

**Fruit Teas: 6-8 minutes. Don't add milk.**

Infusions of delicious fruits combined for a flavoursome alternative to other hot drinks. Can be brewed cold, please ask and we'll use cold water.

★ Mango Tango

★ Berry Bonanza

★ Zingy Ginger & Lemon (+25p)

Wicked Kiwi & Strawberry

Spiced Apple (+15p)

# WINES & SPARKLING

All prices include VAT. A service charge of 10% will be added to your bill which goes to our staff. Please inform your server of any allergies or dietary needs before placing your order. Please note we operate Challenge 21. Please do not be offended if we ask for ID when ordering alcohol.

## White wine 175ml Bottle

Pinot Grigio, 12% ( <i>San Giorgio, Italy</i> )	7.10	25.95
<i>Our Pinot Grigio is a gold award winner. Very easy to drink after a long hard day (hence a favourite of Josephine's owners!)</i>		
Sauvignon Blanc, 12% ( <i>Pierre Lacasse, France</i> )	7.25	24.25
<i>A palette of grapefruit and gooseberry, perfect with any sweet dish.</i>		
Chenin Blanc, 12.5% ( <i>Cawston Crossing, S. Africa</i> )		26.15
<i>Bursting with flavours of guava, ripe apple and pear. Refreshing and lively, this delicious and elegant wine is very popular.</i>		
Chablis, 12.5% ( <i>France</i> )		29.00
<i>A wonderful Chablis that sits well with any dinner, or on it's own</i>		
Pinot Gris, 14.5% ( <i>Te Pa, New Zealand</i> )		32.00
<i>From the Marlborough area of New Zealand, this a true classy wine with hints of Jasmine, Pear and citrus.</i>		

## Red wine

Cabernet Sauvignon, 12% ( <i>France</i> )	6.50	24.75
<i>Easy drinking, medium bodied. Blackcurrant and cassis fruit with a slight smokiness. Well-structured with firm gripping tannins on the finish.</i>		
Merlot, 12% ( <i>France</i> )	7.80	29.95
<i>A smooth well-rounded Merlot, showing rich plum and damson flavours and a lovely silky finish.</i>		
Rioja, 13.5% ( <i>Chile</i> )		25.95
Bordeaux, 13% ( <i>France</i> )		29.95
Chateaufeuf du Pape, 14.5% ( <i>France</i> )		38.95

## Rose wine

Pinot Grigio Rose, 11.5% ( <i>Italy</i> )	7.25	24.95
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## CLASSIC COCKTAILS (10% ABV)



Premium blended cocktails presented in Josephine's typical flamboyant style these cocktails will hit the mark in style! 8.95

<i>Pina Colada</i>	<i>Filmstar Martini</i>
<i>Cosmopolitan</i>	<i>Strawberry Daiquiri</i>
<i>Espresso Martini</i>	<i>Mojito</i>

## Sparkling



Filipetti Prosecco (glass)	7.95
Filipetti Prosecco (bottle)	24.95
Filipetti Prosecco Rose (bottle)	27.95
Moet & Chandon (1/2 bottle)	44.50
Moet & Chandon (bottle)	88.50

## LAGERS, ALES & CIDERS



San Miguel, 5% 330ml	5.25
Corona, 4.6% 330ml	4.65
Proper Job Cornish IPA, 5.5% 500ml	5.45
Kopparberg Straw' & Lime, 4% 500ml	5.85
Adnams Broadside, 6.3% 500ml	5.45
Peroni, 5.1% 330ml	5.60

## SPIRITS

25ml measure (Double up for an extra £3): 5.55

Unless requested otherwise, served neat in a tumbler with ice in a side bowl for your convenience.

<i>Gin</i>	<i>Courvoisier</i>	<i>Jamieson's Whisky</i>
<i>Vodka</i>	<i>Bacardi</i>	<i>Dark Rum</i>

50ml standard measure: 6.55

Baileys, served over ice.

## Favourite Mixed Spirits

Gin & Tonic / Double G&T	6.55 / 8.55
Pimms & Lemonade 250ml	5.50

## NO-ALCOHOL MOCKTAILS



Fun without the alcohol, our mocktails look just like the real thing. 5.25

<i>Passion Fruit Cooler</i>	<i>Pina Colada</i>
<i>Tropical Sensation</i>	<i>Strawberry Mojito</i>

## COFFEE & SOFT DRINKS

### NESPRESSO

Espresso	2.10	Mocha (50/50 hot choc/capp'ino)	5.25	Glass of 100% Orange/Apple Juice	3.95
Americano	3.55	Cadbury's Hot Chocolate	4.55	Bottle of Coke / Diet Coke	3.65/3.45
Cappuccino / Flat White / Latte	3.95	Irish Coffee (alcohol)	8.50	Fentimans	3.95
Caramel Nespresso	+50p	Baileys Hot Chocolate (alcohol)	8.50	Elderflower - Lemonade - Raspberry	
		Bottled sparkling or still water	1.75	Schweppes Tonic / Britvic Soda	2.00

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Josephine's

Josephine's is an Independent Family Restaurant, est. 2018  
www.josephinesnottingham.co.uk  
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